

RDJ'S NOTES

COURSE U | SESSION 3

Live with Passion

Tony Robbins

When we spend time worrying about things that could go wrong, we're not spending time trying to improve; which means that worrying about things going wrong increases the chances that they will go wrong.

Accepting that sometimes we will succeed and sometimes fail frees us to pursue achievements and to spend time thinking about what we can do instead of what we can't.

Millionaire in the Making

If you could snap your fingers and change anything about yourself and your life, what would you change?

Did you ask for riches and fame? Or did you ask for industriousness, caring and honesty?

The more you direct yourself toward a fantasy life, the less satisfied you will be with who you are and more frustrated you will become as you fail to attain the fantasy. The more you direct yourself toward a better, more fulfilling life, the more you can actually lead a better, more fulfilling life.

Millionaire in the Making

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